

Section I**ROSTER**

- Volleyball will have a designated roster maximum.
 - Volleyball roster maximum is officially 12 players.
 - A coach and roundup may agree to add more than 12 players but it is not mandatory.
 - Volleyball roster minimum is 8 players.

Section II**Miscellaneous**

- The 5th - 6th grade teams will play with the VolleyLite ball.
- All players must wear the official Kids, Incorporated t-shirt.
- No jewelry of any kind.
 - This includes earrings or studs.
 - No hair pins, hair beads, barrettes, clips or hats/caps.
 - No hard or plaster casts are allowed to be worn by any player.
- An official will be provided for each game.
- He/she will keep the official time if there is not a clock, or the clock is not operating at the school.
- Each team must provide one linesman and one scorekeeper for each game.
 - Adults Only (18 years old or older)
 - Scorekeepers must sit together.
 - There should not be any scoring confusion if both scorekeepers sit together.
 - This will also help the official.
- All grades may use the overhand serve.
- The serving area for the 5th – 6th grades will be from the back line.
 - If a 5th grade team has 4th graders on the team, the 4th graders will serve from the backline, the same as the 5th grade.
- The traditional forearm pass method will be used to receive all serves.
- The net height 5th grade is 6'6".

- The net height for 6th grades is 7’.
- Win/loss record is by total number of sets played (3 per match), not matches.

Section III

THE GAME

- We will use rally scoring.
 - Rally scoring means that a point will be awarded to the serving team or the team on defense depending on the result of the play.
 - We will play 3 sets to 25 with a cap of 27.
- The time limit for each set is 15 minutes (running clock). A match will not last more than 1 hour.
- We will use the “let” serve, meaning if a serve hits the net and goes over the net, the serving team will be awarded a point.
- Each team will be allowed one 30-second time out per set.
- The rest period between sets is 3 minutes.
- Teams must have 6 players to constitute a legal set. Otherwise, the set is a forfeit.
 - A set will be considered a forfeit if one or both teams are not present by 5 minutes after the game is scheduled to start.
- All players in the 5th and 6th grade must play in every set, or if you choose, you may play 6 players in the first set and 6 players in the second set, depending on the number of players you have, without making substitutions. In the third set you can substitute or rotate players in and out the entire set.
 - Every child **must** play a minimum of half the match.
- Substitution shall be on the side and on a position/player basis, in both 5th and 6th grade.
 - We will no longer allow the 5th grade to make substitutions in the middle back position.
- This must be done immediately without hesitation.
- Federation rules will be used for substitution.
- No line ups are required.