



PAYMENTS

Payments can be made online, in-person, or over the phone. Visit www.kidsinc.org or call us at 806-376-5936.

6TH GRADE TOOT'N TOTUM FOOD BOWL

At the end of the season, each of our 6th grade Tackle Football teams will play a game at WTAMU Buffalo Stadium in Canyon. If you are interested in cheering at a game, please call our office to let us know. We will assign each cheerleading team a scheduled game for the day of the Food Bowl.

COMMUNICATION GUIDELINES

To help ensure a great experience for players and families, please follow the guidelines below once you receive your first team roster by email:

- Send a message to each player's parent or guardian as soon as you receive your roster. You can utilize group messages, GroupMe, or other team communication apps.
- Request a reply to confirm contact info is correct and the child still plans to participate.
- If you don't receive a response, follow up with a phone call.
- If you still can't reach the family, please contact the Kids, Inc. office for assistance.

PRACTICES & UPDATES

- Let parents know when you will begin practices. You do not need a full roster to start practices.
- Check your email daily for updated rosters. As new players are added, you will be sent their information. Please contact these players promptly with practice and team details.

T-SHIRT PICKUP

- Coaches will only receive shirts and pom poms for players who have paid.
- Notify parents when you plan to pick up shirts.
- If a player's payment is made after the coach picks up shirts, the parent is responsible for contacting Kids, Inc. to arrange pickup.

GAME DAY SAFETY

The safety of our players, coaches, officials, and fans is a top priority at Kids, Inc. That's why we have uniformed law enforcement officers present at every game. These sworn officers are there to ensure a safe and enjoyable experience for everyone and are equipped to handle any issues professionally and promptly should they arise. Their presence helps create a positive and secure environment where kids can thrive—and it's all part of what your program fee supports.



CHEERLEADING RULES

AGE 4 - 6TH GRADE

PLAYER ELIGIBILITY

- Players must be age 4 6th grade for the current school year.
- At any time during the season, Kids, Incorporated may request proof of eligibility.

EQUIPMENT

- Kids, Incorporated will furnish the following equipment for teams:
 - a. 1 set of pom-poms per cheerleader
- Players must wear their assigned Kids, Incorporated t-shirt.
- Jewelry is not permitted.
- Hard or plaster casts are not permitted.

BEFORE THE GAME

- Please make sure the team is lined up on the correct sideline for the team you are cheering for and is not impeding the view of fans and spectators.
- Remain a safe distance from the action of the game.

DURING THE GAME

- Keep cheers and chants positive and upbeat.
- Utilize motions, jumps, and kicks within cheers.
- Incorporate any established stunts or tumbling skills (cartwheels, roundoffs, etc.) within cheers.

MOTION EXAMPLES

- Clasp motion: Hands together in a clasp below the chin with elbows shoulder width apart.
- T motion: Arms straight out to the side with hands in tight fists. Thumbs should be facing towards the front and pinkies facing towards the back.
- High V motion: Arms straight and angled up and out from the shoulder to create a "V" above the head. Hands in tight fists with thumbs facing towards the front and pinkies facing towards the back.
- Low V motion: Arms straight and angled down and out from the shoulder to create a "V" in front of the body. Hands in tight fists with thumbs facing towards the front and pinkies facing towards the back.
- Touchdown motion: Arms straight up on either side of the head. Hands in tight fists with thumbs facing towards the back and pinkies facing towards the front.
- Punch motion: One arm in touchdown motion with the opposite hand on hip.

JUMP EXAMPLES

- Pencil: Body completely straight with arms in a T motion.
- Tuck: Legs tucked into the body bringing knees into chest with arms in a T motion.
- Toe touch: Legs are straight and parallel to the ground with knees pointing up and arms in a T motion.

• Herkie: One leg in toe touch position (parallel to the ground with knee facing up) and opposite leg is bent behind with arms in a t motion.

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COACHES

- The head coach is responsible for:
 - a. The physical and mental well-being of all children while entrusted to their care.
 - b. Maintaining an adequate level of discipline on his or her team.
 - c. The conduct and control of their team's fans and spectators.
- All assistant coaches must be listed on the roster and have a background check on file. If no background check is on file, the coach will be removed from the sideline.
- Should head coaches or their assistant coaches violate any Kids, Incorporated playing rules or directives, they may be subject to disciplinary actions.

CODE OF CONDUCT

- The Code of Conduct applies to parents, coaches/volunteers, spectators, parents, contracted employees, officials, and professional staff.
- Profane, obscene, abusive, degrading/threatening language, gestures and/or taunting in the presence of anyone attending a Kids, Incorporated event is prohibited.
- Do not handle a child/participant in an aggressive or abusive manner.
- Any act of violence is prohibited.
- Do not knowingly permit an ineligible player to participate at any game.
- Please use good sportsmanship.
- The use of drugs, alcohol, vaping, or tobacco in any form is not permitted while attending any Kids, Incorporated event.
- No firearms or weapons will be permitted at any Kids, Incorporated event.

AT ANY TIME, AT THE SOLE DISCRETION OF KIDS, INCORPORATED, VIOLATION OF THE CODE OF CONDUCT IS SUBJECT TO SUSPENSION OR EXPULSION FROM OUR PROGRAM.

CONCUSSION PROTOCOL

In the event that an injury occurs during a Kids, Incorporated sponsored activity, and where a possible head injury is involved, the Kids, Incorporated office should be notified immediately. Generally, our paid officials will contact our Director of Programs, Jerry Branch, should an event of this nature occur.

Kids, Incorporated will require a "Permission To Return" document from a licensed, medically-trained professional, before allowing the player to participate in future scheduled activities.

If you have any questions about this policy, please contact Jerry Branch at 806-376-5936.

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CHEERLEADING CHEERS & CHANTS

POWER

Ρ

P - 0

P-O-W-E-R

We got power!

Woo!

Lion power!

(Repeat 4 times)

YELL

Y - E - L - L

Everybody yell!

Go Lions!

(Repeat 4 times)

ROMP

Romp

R - O - M - P

Romp

To victory!

(Repeat 3 times)

ROWDY

We're rowdy - we're rough We're big & mean & tough We're rowdy, rough, mean, & tough I say, we're rough & tough (Repeat 3 times)

LIGHTNING

Fast as lightning Loud as thunder

Lakeview Lions

Will never

Go under

Aloosh! (clap 3 times)

Aloosh! (clap 3 times)

Repeat (3 times)

STAND UP

Stand up & fight!

Hey - Hey

Stand up & fight!

Hey - Hey

Stand up & fight!

For the Lakeview Lions tonight!

Stand up!

WAVE YOUR HANDS

Wave your hands Stomp your feet

Lakeview Lions can't be beat!

(Repeat 3 times)

WE ARE THE LIONS

We are the Lions Couldn't be prouder If you can't hear us We'll yell a little louder (Repeat 3 times)

LET'S GET ROWDY

Let's - Get A little bit rowdy

R - O - W (clap twice)

D-Y

(Repeat 3 times)

SPIRIT

S-P

S - P

I-R

I-R

I - T

I - T

You got spirit

Uh-huh

Let's hear it!

(Repeat 3 times)

MIGHTY LIONS

We are the Lions! The mighty mighty Lions!

Everywhere we go-o

People want to know

Who we are

So we tell them.

(Repeat 3 times)

MOVE IT

Move it

Down the field

Go that way!

Go that way!

2 BITS

2 bits

4 bits

6 bits a dollar

All for the Lions

Stand up and holler!

LEMONADE

Lemonade (clap 3 times)

Crushed ice (clap 3 times) Beat em once (clap 3 times)

Beat em twice (clap 3 times)

(Repeat 3 times)

BANG BANG

Bang bang choo-choo train Come on Lions, do your thing

Get it - Get it

Got it - Got it

Whoomp!

And let it roll

Whoomp!

And let it roll



CRIMINAL HISTORY AUTHORIZATION FORM

Thank you for your interest in working for and/or volunteering with Kids, Incorporated of Amarillo, Texas. We offer year-round sporting opportunities for children in the Amarillo/Canyon region. One of our primary goals is to continually ensure the safety of children.

Kids, Incorporated conducts criminal background checks on all employees, head/assistant coaches, sports officials, board members, and any other person acting in an official capacity with the organization who will be directly involved with children. All persons desiring to serve as a head/assistant coach, board member, game official, and/or professional staff member, shall complete a Criminal History Record Information Release Form. This form authorizes Kids, Incorporated to conduct a personal criminal background search on the applicant. Information obtained from these searches shall be available to Kids, Incorporated professional staff and board members only and shall remain confidential at all times.

Kids, Incorporated shall pay the cost of each criminal history search. Anyone having questions about their eligibility or wishing to discuss extenuating circumstances should make an appointment to visit with the Executive Director/CEO in advance.

Criteria for Disqualification of Service

A person shall be disqualified and prohibited from serving as a volunteer, game official, and/or member of the professional staff with Kids, Incorporated if any ofthe following conditions apply:

- 1. Fails to consent to a personal criminal background search
- 2. Is currently serving probation for any offense
- 3. Has been incarcerated for a felony offense
- 4. Has a felony conviction of any kind in the past seven years
- 5. Has been convicted of any offense involving a minor
- 6. Has been convicted of Sexual Assault, Child Abuse, or Child Neglect on any level
- 7. Has been adjudged liable for civil penalties or damages involving sexual or physical abuse of children
- 8. Has been convicted of Terroristic Threat
- 9. Has been twice convicted for misdemeanor offenses of any kind in the past five years
- 10. Has been twice convicted during the past seven years of any combination of the following: Driving While Intoxicated (DWI) Driving Under the Influence (DUI)
 - Misdemeanor violations of the Controlled Substance Act
- 11. Has been subject to any court order involving any sexual abuse or physical abuse of a minor, including, but not limited to domestic order for protection.

The President & CEO shall have the final decision on all personnel matters. Kids, Incorporated does not discriminate against any person, or persons, based on age, race, gender, religion, nationality, or ethnicity.



CRIMINAL HISTORY AUTHORIZATION FORM

	•	. •		s a part of your a to the Kids, Inco			ask you to	
Date of Birth		Dı	Drivers License #			State Issued		
Position of Serv	ice							
☐ Volunteer		☐ Professional Staff		☐ Contrac	☐ Contract Labor ☐		∃Board Member	
If volunteering a	as a coach, che	eck one:						
☐ Head Coach ☐ Assistant Coach (Name Head Coach)								
School(s) at which you will be volunteering								
Sport		Grac	le	□Boys	☐ Girls			
ast Name		First Name			Middle Name			
Please list other names you have used or by which you have been known								
Street Address		City			State Zip			
Home Phone		Work Phone			Cell Phone			
Email Address _								
Gender	☐ Male ☐ Female			Shirt Size				
Race/Ethnicity	□American	Indian	☐ Asian	□Black	□Hisp	anic	☐ White	
	☐ Other							
Texas Department of criminal history recomy DPS criminal his the report. Thereaft I am porviding about of obtaining criminal	of Public Safety (Dord. I understand story record; hower, I have the righ at age, sex, and rall history record i	DPS), and the that Kids, Incever, I further to challenge ace/ethnicity of the formation.	Texas Department of corporated is prohibited understand that, use the accuracy of movill not be used to continuous to continuous the continuous designs.	ground service provor of Corrections, to reloited by Federal Reg pon my request, Kic y DPS criminal histo determine volunteer	ease to Kids, Incoulations from prods, Incorporated nry record. I under	orporated, my oviding me w may quote to estand that th	y complete ith a copy of me data from ne information	
Signature			Date					

Kids, Incorporated has the responsibility to take precautions to ensure the safety of every child who